

January

Review New Protocols

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 New Year's Day	2	3	4
5	6	7	8	9	10	11
12	13	14 1300 Beach Park	15 0900 Murphy 1300 A-TEC	16	17	18
19	20 Martin Luther King Day	21 0900 Zion 1300 Beach Park	22 1300 Beach Park 1800 Winthrop Harbor	23	24 0900 Zion 1300 Beach Park	25 0900 Lindenhurst
26	27	28	29	30 0900 Zion 1300 Zion	31 0900 Zion Rescheduled to Feb. 4th 1000 SOP Testing/Vista	

February

Online SOP Quizzes

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Ground Hog Day	3	4 0930 Zion	5	6	7	8
9	10	11	12	13	14 Valentines' Day	15
16	17 Presidents' Day	18	19	20	21	22
23	24	25	26	27	28 1000 SOP Testing/Vista	

This month's quiz will be posted to the North Lake County EMS System's website (www.nlcems.net). Use the Region X SOP smart phone application to look up the answers and then submit your completed quiz to Dave Chase (david.chase@amhealthsystems.com) for credit.

March

Online SOP Quizzes

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9 Daylight Saving Time Begins	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28 1000 SOP Testing/Vista	29
30	31					

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April

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 April Fools' Day	2 0900 Murphy 1300 A-TEC	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19 0900 Lindenhurst
20 Easter	21 0900 Zion 1300 Beach Park	22 0900 Zion 1300 Beach Park	23 0900 Zion 1300 Beach Park	24 0900 Zion	25 1000 SOP Testing/Vista	26
27	28	29	30 1800 Winthrop Harbor			

May

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7 0900 Murphy 1300 A-TEC	8	9	10
11 Mothers' Day	12	13	14	15	16	17 Armed Forces Day
18	19 0900 Zion 1300 Beach Park	20 0900 Zion 1300 Beach Park	21 0900 Zion 1300 Beach Park	22 0900 Zion	23	24 0900 Lindenhurst
EMS WEEK						
25	26 Memorial Day	27	28 1800 Winthrop Harbor	29	30 1000 SOP Testing/Vista	31

June

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 0900 Murphy 1300 A-TEC	5	6	7
8	9	10	11	12	13	14
15 Fathers' Day	16	17	18	19	20	21
22	23 0900 Zion 1300 Beach Park	24 0900 Zion 1300 Beach Park	25 0900 Zion 1300 Beach Park 1800 Winthrop Harbor	26 0900 Zion	27 1000 SOP Testing/Vista	28 0900 Lindenhurst
29	30 1800 Paramedic Graduation (tentative)					

July

No CE This Month

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Independence Day	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

August

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 0900 Murphy 1300 A-TEC	7	8	9
10	11	12	13	14	15	16 0900 Lindenhurst
17	18 0900 Zion 1300 Beach Park	19 0900 Zion 1300 Beach Park	20 0900 Zion 1300 Beach Park	21 0900 Zion	22	23
24	25	26	27 1800 Winthrop Harbor	28	29 1000 SOP Testing/Vista	30
31						

September

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day	2	3 0900 Murphy 1300 A-TEC	4	5	6
7	8	9	10	11	12	13
14	15 0900 Zion 1300 Beach Park	16 0900 Zion 1300 Beach Park	17 0900 Zion 1300 Beach Park	18 0900 Zion	19	20 0900 Lindenhurst
21	22	23	24 1800 Winthrop Harbor	25	26 1000 SOP Testing/Vista	27
28	29	30				

October

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 0900 Murphy 1300 A-TEC	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18 0900 Lindenhurst
19	20 0900 Zion 1300 Beach Park	21 0900 Zion 1300 Beach Park	22 0900 Zion 1300 Beach Park	23 0900 Zion	24	25
26	27	28	29 1800 Winthrop Harbor	30	31 1000 SOP Testing/Vista Halloween	

November

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Daylight Saving Time Ends	3	4	5 0900 Murphy 1300 A-TEC	6	7	8
9	10	11 Veterans' Day	12	13	14	15
16	17 0900 Zion 1300 Beach Park	18 0900 Zion 1300 Beach Park	19 0900 Zion 1300 Beach Park 1800 Winthrop Harbor	20 0900 Zion	21 1000 SOP Testing/Vista	22
23	24	25	26	27 Thanksgiving	28	29
30						

December

No In-Person CE This Month

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Hanukkah Begins	15	16	17	18	19 1000 SOP Testing/Vista	20
21	22	23	24 Christmas Eve	25 Christmas	26 Kwanzaa	27
28	29	30	31 New Year's Eve			